AMERICAN DIETETIC ASSOCIATION’S PEDIATRIC NUTRITION CARE MANUAL® (PNCM)

More Than a Diet Manual!

The American Dietetic Association's Nutrition Care Manual® (NCM/PNCM) products are internet-based diet manuals and professional practice manuals for Registered Dietitians, Dietetic Technicians Registered, and allied health professionals.

Compliance

- NCM is consistent with the Centers for Medicare & Medicaid Services’ Interpretive Guidelines for the Hospital Conditions of Participation.
- NCM meets the Joint Commission’s Hospital Accreditation Standards.
- NCM has been named the preferred diet manual by the Healthcare Facilities Accreditation Program.
- ADA Nutrition Care Manual® complies with DNV's NIAHOTM accreditation program.

PNCM Outline

Most content areas on PNCM are broken into five (5) distinct sections: (1) Risk Screen, (2) Conditions, (3) Nutrition Care, (4) Client Ed/Meal Plans, and (5) References. Other content areas include Normal Nutrition and Resources. Below you will find a description of each section and what information can be found within each.

(1) Risk Screen: This section includes information that nursing and other intake staff would need to know about a client’s nutritional history that would give clues to a specific disease/condition, or signs/symptoms that would require consultation with a registered dietitian.

(2) Diseases/Conditions: This section includes information specific to the disease/condition and provides insight on the overview and background information about the disease.

(3) Nutrition Care: This section follows the ADA’s four Nutrition Care Process steps: Nutrition Assessment, Nutrition Diagnosis, Nutrition Intervention, and Nutrition Monitoring & Evaluation.

(4) Client Ed/Meal Plans: Includes the Meal Plan Crosswalk table and all client education handouts. The crosswalk contains links to screens and handouts outlining sample meal plans and menus for different topics. Handouts are created at a 6th or 7th grade reading level to be understandable for as many clients/patients as possible.

(5) References: This section houses the reference lists for each topic/sub-topic. Abstract and/or full text links are provided for all possible reference citations.

Normal Nutrition: This part of the site lists recommendations for healthy children in various life stages, from infancy through adolescence; and for children in athletics or living a vegetarian lifestyle.

Resources: Under this tab, you can access general information that may contribute to effective nutrition care for most clients.
The following topics are available within PNCM:

- **Normal Nutrition**
  - Full-Term Infants
  - Toddlers
  - Preschoolers
  - School-Age Children
  - Child Athletes
  - Vegetarian Children

- **Anemia**
  - Iron Deficiency Anemia
  - Sickle Cell Disease

- **Behavioral Health**
  - Eating Disorders
  - Mood Disorders

- **Burns**

- **Cardiac Conditions**
  - Congenital Heart Disease
  - Extracorporeal Membrane Oxygenation
  - Prevention of Adult Cardiovascular Disease

- **Cleft Lip and Palate**

- **Critical Care**

- **Developmental Disabilities**
  - Autism Spectrum Disorders
  - Cerebral Palsy
  - Down Syndrome
  - Prader-Willi Syndrome
  - Spina Bifida

- **Diabetes Mellitus**
  - Carbohydrates and Other Nutrients
  - Type 1
  - Type 2

- **Disorders of Lipid Metabolism**

- **Epilepsy**
  - Pharmacologic Management
  - Dietary Management
    - Ketogenic Diet
    - MCT Oil Ketogenic Diet

- **Failure to Thrive**

- **Food Allergies**
  - Eosinophilic Esophagitis

- **Gastrointestinal Diseases**
  - Celiac Disease
  - Constipation
  - Diarrhea
  - Gastroesophageal Reflux Disease
  - Inflammatory Bowel Disease
  - Irritable Bowel Syndrome
Short Bowel Syndrome
Hepatic Diseases
HIV / AIDS
Inborn Errors of Metabolism
  Phenylketonuria PKU
Oncology
  Medications for GI Problems
  Survivorship
  Treatment Modalities
Preterm Infants
  General
  Common Diseases and Conditions
    Congenital Anomalies of the Alimentary Tract
    Congenital Heart Disease
    Endocrine Disorders
    Gastroesophageal Reflux
    Hyperbilirubinemia
    Necrotizing Enterocolitis
    Neurological Impairment
    Osteopenia of Prematurity
    Renal Dysfunction
    Respiratory Disease
    Short Bowel Syndrome
Pulmonary Diseases
  Asthma
  Bronchopulmonary Dysplasia
  Cystic Fibrosis
  Ventilator Issues
Renal Diseases
  Chronic Kidney Disease
  Nephrotic Syndrome
Transplantation
  Hematopoietic Stem Cell
  Organ Transplant
    Heart
    Kidney
    Liver
Weight Management
  Overweight & Obesity
  Underweight

Resources:

  Contributor Lists
    Authors
    Reviewers
Nutrition Care Process
Nutrition Support
• Support for the Lactating Mother
• Arm Anthropometry
• Common Nutrient-Drug Interactions
• Cultural Food Practices
  o African American
  o Asian Indian
  o Caribbean
  o Chinese
  o Ecuador
  o Filipino
  o Hispanic
  o Jewish
  o Korean
  o Mormon
  o Muslim
  o Native American
• Dietary Reference Intakes
• Fluoride Supplementation
• Growth Charts
• Physical Signs of Malnutrition
• Preterm Infants Terminology
• Specialty Food Manufacturers