

# The Most Trusted Diet Manual, Since 1981

**Plans** 

# **TABLE OF CONTENTS**

#### **Nutrition Care**

The following is an outline of topics available within **Nutrition Care**:

**Conditions** 

Anemia Disorders of Lipid Metabolism Modified Consistency Meal

Behavioral Health Drug-Nutrient Interactions

Burns Epilepsy Nutrition Support

Cardiology Food Allergic Disorders Oncology

Cleft Lip and Palate Gastrointestinal Diseases Organ Transplant

Critical Care Hepatic Diseases

Pulmonary Diseases

Developmental Disabilities HIV/AIDS Renal Diseases

Diabetes Mellitus Inborn Errors of Metabolism Weight Management

Malnutrition

**Normal Nutrition** 

Breastfeeding and Lactation Preschool Children Child Athletes

support School-age Children Vegetarian Children

Full-term Infants

Toddlers Adolescents

**Normal Nutrition** 

Condition Overview Parental Nutrition Discharge/Follow-up

Risk Screen Enteral Nutrition

Nutrition Care Human Milk

Find out more about NCM at www.nutritioncaremanual.org or call 800/877-1600 ext. 5000.

### **Client Education Handouts**

The **Client Education** section contains materials for the following topics, including Spanish translations!

Anemia Gastrointestinal Oncology

Burns Hepatic Disease Preterm Infants

Cardiovascular Disease HIV/AIDS Pulmonary

Developmental Disabilities Inborn Errors of Metabolism Renal

Diabetes Malnutrition Transplant

Epilepsy Modified Consistency Weight Management

Food Allergies Normal Nutrition

## **Calculators**

BMI EERs For Healthy Infants & Catch-Up Growth

Metric Converter Schofield Equations For

WHO Equations For REEs

EERs For Pregnant Or REEs

Milligram to Milliequivalent

Lactacting Adolescents

TEE For Weight Maintenance

Gestational Age In Overweight Boys And Girls

Formulary

Converter

#### Resources

The following are topics available within **Resources**:

PNCM® Contributors Dietary Guidelines for Fluoride Supplementation

Americans, 2015
Nutrition Care Process (NCP)

Americans, 2015

Malnutrition

Dietary Reference Intakes

Spanish Language Physical Signs Of Malnutrition
Resources MyPlate Food Guidance

System Specialty Food Manufacturers

Arm Anthropometry

Growth Charts
Cultural Food Practices